

I. Cold, Cough, Fever & Immunity (15)

1. **Tulsi Arka** – Immunity, cold relief.
 2. **Giloy Arka (Guduchi)** – Fever, immune booster.
 3. **Amla Juice** – Vitamin C source & detox.
 4. **Trikatu Arka (Pippali, Black Pepper, Ginger)** – Decongestion & metabolism.
 5. **Vasaka Arka (Adhatoda vasica)** – Bronchial health.
 6. **Kantakari Arka (Solanum xanthocarpum)** – Cough relief.
 7. **Haridra (Turmeric) Juice** – Anti-inflammatory, immunity.
 8. **Ayush Kwath Arka (Tulsi, Ginger, Cinnamon)** – Immunity tonic.
 9. **Neem Leaf Juice** – Antimicrobial, detox.
 10. **Mulethi Arka (Licorice)** – Throat soothing.
 11. **Panch Tulsi Drops (Arka)** – Respiratory care.
 12. **Cinnamon-Ginger Juice** – Warming immune booster.
 13. **Pippali Arka** – For chronic congestion.
 14. **Tulsi + Giloy Herbal Juice** – Immunity & fever.
 15. **Kapur Kachri Arka** – Respiratory decongestion.
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II. Digestion, Antacid, Weight Loss & Metabolism (15)

16. **Aloe Vera Juice (Kumari Swarasa)** – Digestive aid.
 17. **Wheatgrass Juice** – Detox & metabolic health.
 18. **Jeera Arka (Cumin)** – Gas & digestion.
 19. **Ajwain Arka** – Antiflatulent & appetite booster.
 20. **Hing Arka** – Gas & colic relief.
 21. **Triphala Juice (Amla, Haritaki, Bibhitaki)** – Colon cleanse.
 22. **Kutki Arka (Picrorhiza kurroa)** – Liver detox.
 23. **Kalmegh Arka (Andrographis)** – Liver & digestion.
 24. **Lemon-Ginger Juice** – Metabolism booster.
 25. **Apple Cider Vinegar + Triphala Juice** – Weight management (Proprietary).
 26. **Fennel-Mint Cooling Arka** – Antacid & digestion.
 27. **Punarnava Arka (Boerhavia diffusa)** – Water retention relief.
 28. **Chitrak Arka (Plumbago zeylanica)** – Improves appetite.
 29. **Nagarmotha Arka (Cyperus scariosus)** – Metabolic balance.
 30. **Detox Greens Juice (Proprietary mix: Moringa, Wheatgrass, Amla)**
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III. Women's Health & Hormonal Care (15)

31. **Shatavari Arka** – Hormonal balance & lactation.
32. **Ashoka Arka (Saraca asoca)** – Uterine support.
33. **Lodhra Arka (Symplocos racemosa)** – Menstrual health.
34. **Kumari (Aloe) Arka** – Skin & reproductive care.
35. **Dashmool Arka** – Postnatal & strength tonic.
36. **PCOS Herbal Juice (Shatavari, Ashoka, Lodhra)**

- 37. **Rasayana for Women (Amla + Shatavari Juice)**
 - 38. **Iron-Rich Juice (Beetroot + Amla + Mandoor Bhasma)**
 - 39. **Calcium Juice (Shankh Bhasma + Sesame Extract)**
 - 40. **Vetiver-Cooling Juice (for Hot Flushes)**
 - 41. **Rose-Saffron Arka (Beauty Tonic)**
 - 42. **Hormone Support Juice (Shatavari + Punarnava)**
 - 43. **Aloe Vera + Wheatgrass Juice (Skin & Detox)**
 - 44. **Menopause Support Juice (Bala + Shatavari)**
 - 45. **Neem-Manjistha Skin Glow Juice**
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IV. Kids' Growth, Deworming & Immunity (15)

- 46. **Brahmi Arka** – Brain booster for kids.
 - 47. **Shankhpushpi Arka** – Memory and calmness.
 - 48. **Mandukaparni (Gotu Kola) Juice** – Brain & skin health.
 - 49. **Vidanga Arka** – Deworming agent.
 - 50. **Giloy + Tulsi Juice** – Fever and immunity.
 - 51. **Chamomile Arka (Proprietary)** – For calming sleep.
 - 52. **Draksha Juice (Raisin Extract)** – Energy & mild laxative.
 - 53. **Kesar (Saffron) Arka** – Skin and vitality.
 - 54. **Infant Gas Relief Arka (Ajwain + Saunf)**
 - 55. **Badam (Almond) Milk Juice (Herbal fortification)**
 - 56. **Jatamansi Arka (Nardostachys)** – Calm & sleep.
 - 57. **Vision Booster Juice (Triphala + Amla)**
 - 58. **Mild Cough Herbal Juice (Honey + Tulsi)**
 - 59. **Pippali Arka (For growth & mild immunity)**
 - 60. **Bone Builder Juice (Mukta Shukti + Sesame)**
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V. Geriatric Wellness & Rasayana (15)

- 61. **Ashwagandha Arka** – Strength & vitality.
- 62. **Brahmi-Gotu Kola Juice** – Cognitive health.
- 63. **Safed Musli Arka** – Energy & stamina.
- 64. **Arjuna Arka (Terminalia arjuna)** – Heart health.
- 65. **Bhringraj Juice** – Liver & hair tonic.
- 66. **Punarnava + Gokshura Juice** – Kidney health.
- 67. **Tagar-Jatamansi Arka** – Sleep & relaxation.
- 68. **Guduchi Rasayana Juice** – Immunity & detox.
- 69. **Triphala + Aloe Vera Juice** – Colon & liver cleanse.
- 70. **Bone Strength Juice (Hadjor + Calcium herbs)**
- 71. **Joint Care Juice (Shallaki + Guggul Extract)**
- 72. **Manjistha Blood Purifier Juice**
- 73. **Vitality Tonic Juice (Kapikacchu + Safed Musli)**
- 74. **Stress Relief Arka (Jatamansi + Brahmi)**
- 75. **Eye Health Juice (Triphala + Bhringraj)**

VI. Hair, Skin, Face & Beauty (15)

- 76. **Neem Arka** – Anti-acne, detox.
- 77. **Manjistha Juice** – Skin glow & purification.
- 78. **Bhringraj Juice (Hair Growth)**
- 79. **Hibiscus Juice (Rakta Japapushpa)** – Hair conditioner.
- 80. **Kumkumadi Arka (Saffron Distillate)** – Glow tonic.
- 81. **Sandalwood (Chandan) Arka** – Cooling & Pitta balance.
- 82. **Rose Water (Arka)** – Hydration & toner.
- 83. **Vetiver (Ushira) Arka** – Cooling mist.
- 84. **Gotu Kola Juice** – Skin repair & elasticity.
- 85. **Turmeric + Aloe Juice** – Anti-inflammatory skin tonic.
- 86. **Anantmool Juice (Hemidesmus)** – Blood purification.
- 87. **Kesar (Saffron) Arka for Complexion**
- 88. **Bakuchi Arka (Psoralea corylifolia)** – Skin rejuvenation (Vitiligo care).
- 89. **Multani Mitti Herbal Juice (Mineral hydration drink)**
- 90. **Rose-Sandal Cooling Juice**

VII. General Health & Detox (10)

- 91. **Chlorophyll-Rich Green Juice (Wheatgrass + Moringa)**
- 92. **Lemon-Tulsi Arka Detox Water**
- 93. **Ginger-Turmeric Digestive Juice**
- 94. **Amalaki-Guduchi Rasayana Juice**
- 95. **Garcinia-Cinnamon Weight Loss Juice**
- 96. **Triphala + Aloe Colon Cleanse Juice**
- 97. **Ayur Rasayan Juice (Amla + Ashwagandha)**
- 98. **Giloy + Tulsi + Zinc Fortified Arka**
- 99. **Stress Buster Juice (Brahmi + Tagar)**
- 100. **Vitality & Immunity Rasayana (Kapikacchu + Gokshura + Safed Musli)**