

I. Cold, Cough, Throat & Fever Kadhas (20)

1. **Ayush Kadha (Tulsi + Dalchini + Sunthi + Kali Mirch)** – Immunity & cold.
 2. **Sitopaladi Kadha (Classical)** – Dry cough, sore throat.
 3. **Talisadi Kadha** – Bronchitis & cold.
 4. **Vasaka Kadha (Adhatoda Vasica)** – For phlegm and congestion.
 5. **Tulsi-Ginger Honey Kadha** – Throat soothing.
 6. **Giloy Kadha (Guduchi)** – Fever and viral protection.
 7. **Kantakari Kadha** – Asthma & allergic cough.
 8. **Trikatu Kadha (Dry Ginger + Black Pepper + Pippali)** – Decongestant.
 9. **Ayurvedic Immunity Kadha (Amla + Ashwagandha)**
 10. **Papaya Leaf Kadha (For Dengue/Platelet support)**
 11. **Cinnamon-Clove Herbal Kadha (Flu support)**
 12. **Turmeric & Black Pepper Kadha (Anti-inflammatory)**
 13. **Mulethi & Tulsi Kadha (Cough soothing)**
 14. **Dashmool Kadha (Post-fever fatigue)**
 15. **Neem & Ginger Immunity Kadha**
 16. **Fennel + Ginger Cooling Kadha (for post-fever recovery)**
 17. **Kantakari-Adhatoda Proprietary Respiratory Kadha**
 18. **Guduchi-Tulsi Herbal Fever Kadha**
 19. **Herbal Broncho-Care Kadha (Honey base)**
 20. **Pippali-Ginger Immune Boost Kadha**
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II. Digestion, Metabolism, Constipation & Antacid Kadhas (20)

21. **Triphala Kadha (Classical)** – Gentle detox and digestion.
22. **Avipattikar Kadha (for acidity & antacid effect)**
23. **Hingwashtak Kadha (Gas & bloating)**
24. **Panchakola Kadha (Improves sluggish digestion)**
25. **Jeera-Ajwain Kadha (Gas relief)**
26. **Kutki-Kalmegh Kadha (Liver detox)**
27. **Fennel-Mint Kadha (Stomach cooling)**
28. **Aloe Vera-Ginger Kadha (Gut soothing)**
29. **Trikatu-Guggul Metabolism Booster Kadha**
30. **Isabgol Digestive Kadha (Constipation relief)**
31. **Haritaki-Amla Detox Kadha**
32. **Pippali + Vidanga Worm-Expelling Kadha**
33. **Jeera + Ginger Appetite Boost Kadha**
34. **Ginger + Lemon Herbal Kadha (Metabolism support)**
35. **Dashmool Panchakarma Cleansing Kadha**
36. **Ayurvedic Fat Burner Kadha (Triphala + Garcinia)**
37. **Kalmegh + Bhumi Amla Liver Care Kadha**
38. **Ajwain + Black Salt Proprietary Kadha (Carminative)**
39. **Herbal Digestive Enzyme Kadha (Papaya + Pineapple)**
40. **Arjuna + Yashtimadhu Antacid Kadha**

III. Women's Health, Hormonal & Rejuvenation Kadhas (15)

41. **Ashokarishta Kadha (Classical)** – Menstrual wellness.
42. **Kumaryasava Kadha** – Hormonal balance.
43. **Shatavari Kalpa Kadha (Lactation & nourishment)**
44. **Dashmoolarishta Kadha (Postnatal recovery)**
45. **Lodhra + Shatavari Kadha (PCOS support)**
46. **Guduchi + Ashoka Proprietary Women's Kadha**
47. **Shatavari Cooling Kadha (Pitta balance)**
48. **Ayurvedic Menopause Support Kadha (Bala + Ashwagandha)**
49. **Iron-Boost Kadha (Mandoor Bhasma + Amla)**
50. **Calcium-Rich Kadha (Shankh Bhasma + Sesame Seeds)**
51. **Herbal Energy & Glow Kadha (Manjistha + Aloe)**
52. **PMS Relief Kadha (Vetiver + Shatavari)**
53. **Ashwagandha Hormonal Support Kadha**
54. **Beauty-Enhancing Kadha (Kumkumadi + Triphala)**
55. **Herbal Blood Purifier Kadha (Neem + Manjistha)**

IV. Kids' Growth, Worms & Immunity Kadhas (15)

56. **Drakshasava Kadha (Classical)** – Energy & appetite.
57. **Kumar Kalyan Ras Kadha (with Swarna Bhasma)**
58. **Ayurvedic Calcium Kadha (Mukta Shukti + Almonds)**
59. **Chyawanprash Kadha (Amalaki + 40 Herbs)**
60. **Jeera-Ginger Appetite Booster Kadha**
61. **Bala-Ashwagandha Pediatric Strength Kadha**
62. **Vidanga + Neem Deworming Kadha**
63. **Giloy + Tulsi Immunity Kadha (Kids)**
64. **Brain Tonic Kadha (Brahmi + Shankhpushpi)**
65. **Herbal Energy Kadha (Dates + Almond Milk)**
66. **Bone Strength Kadha (Shatavari + Mukta Shukti)**
67. **Honey-Tulsi Cough Kadha (for Kids)**
68. **Fennel + Ajwain Gas Relief Kadha (Infants)**
69. **Vision Booster Kadha (Triphala + Amla)**
70. **Calming Sleep Kadha (Jatamansi + Chamomile)**

V. Geriatric Wellness & Strength Kadhas (15)

71. **Brahmarasayana Kadha (Classical)** – Anti-aging tonic.
72. **Ashwagandhadi Lehyam Kadha (Energy & stamina)**
73. **Arjunarishta Kadha (Heart care)**

- 74. **Brahmi-Gotu Kola Memory Kadha**
 - 75. **Triphala-Aloe Gentle Detox Kadha**
 - 76. **Bone & Joint Support Kadha (Mukta Shukti + Boswellia)**
 - 77. **Digestive Strength Kadha (Jeera + Pippali)**
 - 78. **Anti-Stress Rasayana Kadha (Shankhpushpi + Yashtimadhu)**
 - 79. **Guduchi-Amalaki Immunity Kadha**
 - 80. **Joint & Muscle Comfort Kadha (Guggul + Shallaki)**
 - 81. **Sleep Aid Kadha (Tagar + Jatamansi)**
 - 82. **Triphala + Bhringraj Eye Health Kadha**
 - 83. **Liver Care Kadha (Kalmegh + Bhumi Amla)**
 - 84. **Neem-Manjistha Blood Purification Kadha**
 - 85. **Bala-Ashwagandha Strength Kadha**
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VI. General Wellness & Detox Kadhas (15)

- 86. **Chyawanprash Kadha (Amla + 40 Herbs)**
- 87. **Ashwagandha-Ginseng Energy Kadha**
- 88. **Triphala-Guduchi Detox Kadha**
- 89. **Bhumi Amla-Kutki Liver Cleanse Kadha**
- 90. **Neem-Manjistha Blood Cleanse Kadha**
- 91. **Turmeric-Tulsi Anti-Allergy Kadha**
- 92. **Brahmi-Gotu Kola Stress Relief Kadha**
- 93. **Weight Management Kadha (Guggul + Garcinia)**
- 94. **Metabolism Boost Kadha (Trikatu + Green Tea)**
- 95. **Herbal Fitness Kadha (Ashwagandha + Safed Musli)**
- 96. **Shatavari-Amalaki Rejuvenation Kadha**
- 97. **Kapikacchu + Safed Musli Aphrodisiac Kadha**
- 98. **Kesar + Manjistha Beauty Kadha (Skin Glow)**
- 99. **Tulsi-Ginger-Clove Immune Kadha (Daily Use)**
- 100. **Sleep Calming Kadha (Jatamansi + Tagar + Chamomile)**